

## **ABSTRACT OF THE DISCLOSURE**

An exercising stepper includes a support base, a pivot tube, two pedals, and two hydraulic cylinders. The support base includes a front support foot, a rear support foot, a support bar, a main bar, mounting member, a support  
5 seat, two support rods, two tubular rotation members, and two suspension members. Thus, the support base is integrally formed with the support bar, so that the force applied on the support base is distributed by the front support foot, the rear support foot and the support bar.